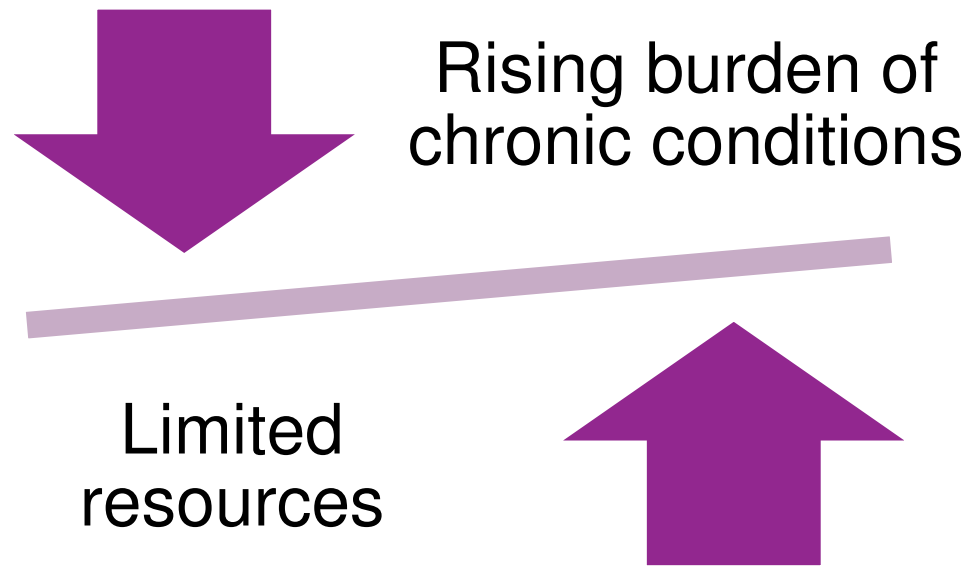


**R O S I A**  
REMOTE REHABILITATION SERVICE FOR ISOLATED AREAS

# **WP2 REMOTE REHABILITATION MODEL DESIGN**

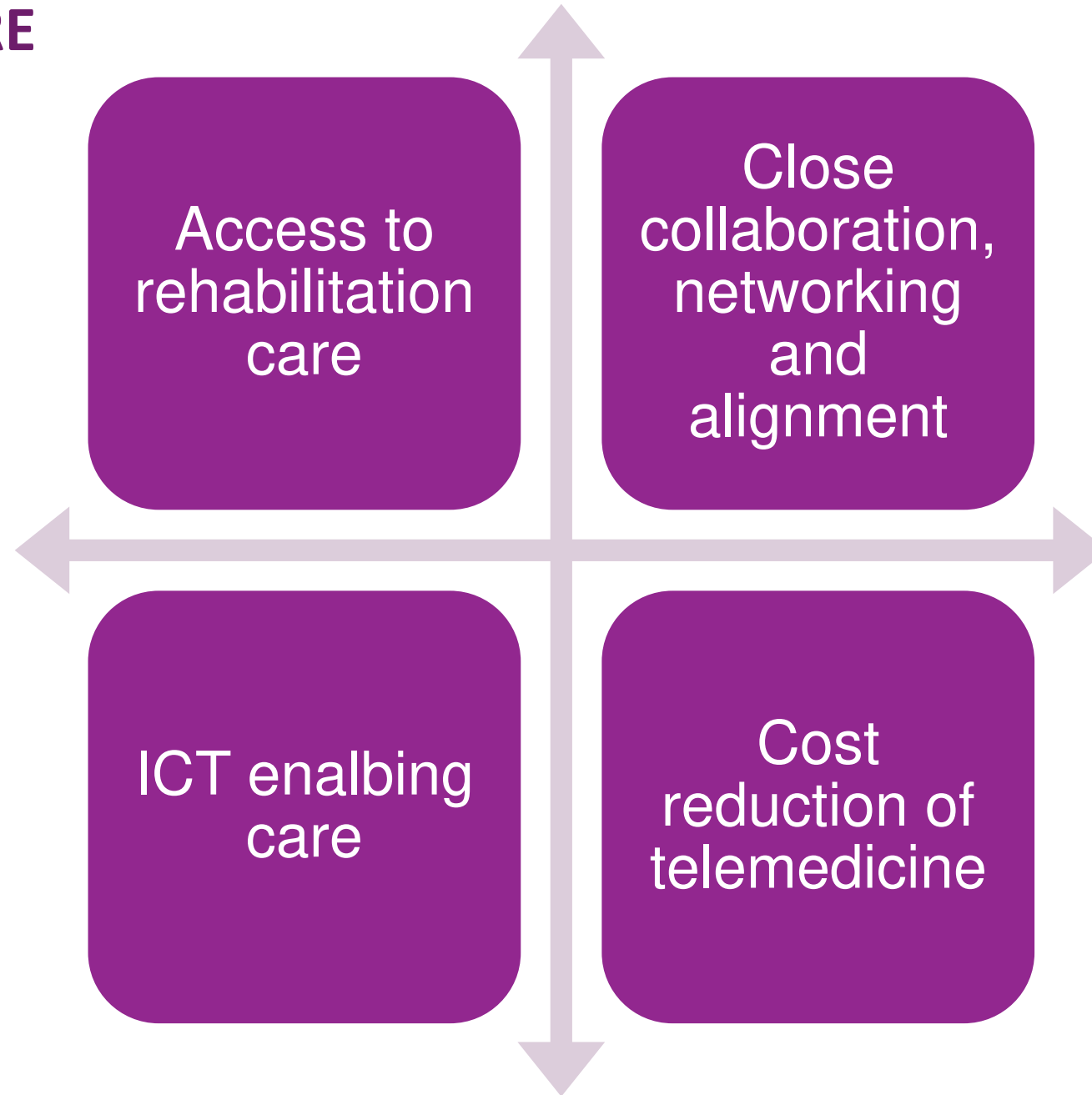
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**Senior Researcher**  
**International Foundation for Integrated Care**

# Background



**Rehabilitation is a key component of care, treatment, and support but many must often travel great distances to a specialist centre to access rehabilitation services.**

# INTEGRATED CARE



# Methodology

*This study assesses **the readiness of health and care systems in Ireland, Portugal, and Spain for integrated telerehabilitation care**, conducted through a comprehensive survey between April and June 2021.*

- Stakeholders included **micro-level representatives** (patient associations, care team representatives, and rehabilitation representatives), **meso-level stakeholders** (professionals, healthcare administrators, ICT managers), and **macro-level participants** (Payers, Policy Makers, Public Health, and Social Care authorities).
- Utilizing the **SCIROCCO Self-Assessment Tool** for Integrated Care and adaptations from **Telehealth Capacity and Telehealth Readiness Assessment Tools**, the ROSIA consortium conducted a comprehensive evaluation of maturity levels.



## Results

The SCIROCCO tool revealed overall *poor readiness* for innovative telerehabilitation services across the three countries.

- **IRELAND:** 'Evaluation Methods' scored lowest, indicating a lack of assessment for integrated care services. However, 'Digital Infrastructure' received higher ratings.
- **PORTUGAL:** showcased strengths in 'Innovation Management' but lacked evaluations.
- **SPAIN:** Displayed higher maturity across dimensions, especially in 'Population Approach,' although 'Removal of Inhibitors and Barriers' scored lower.

# Lessons learned

The disparities in readiness for integrated telerehabilitation care across Ireland, Portugal, and Spain underscore region-specific strengths and gaps.



Ireland's robust 'Digital Infrastructure' lacks support from comprehensive 'Evaluation Methods,' necessitating immediate focus on establishing effective assessment frameworks for service evaluation.



Portugal's strength in 'Innovation Management' faces challenges due to the absence of evaluations, urging a critical need to validate and measure the impact of innovative practices within integrated care settings.



Spain's higher maturity in specific dimensions signals promising strategies. However, barriers hindering full integration need to be addressed to maximize its impact.

